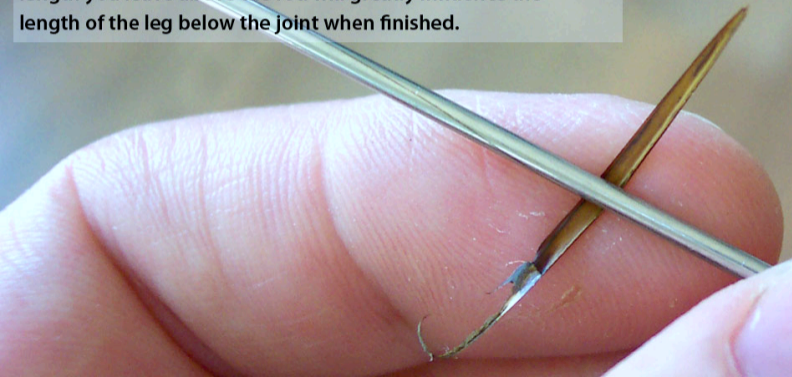




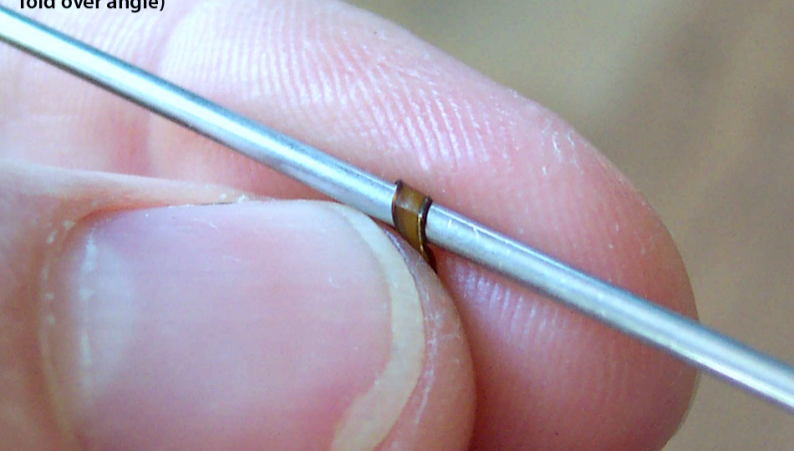




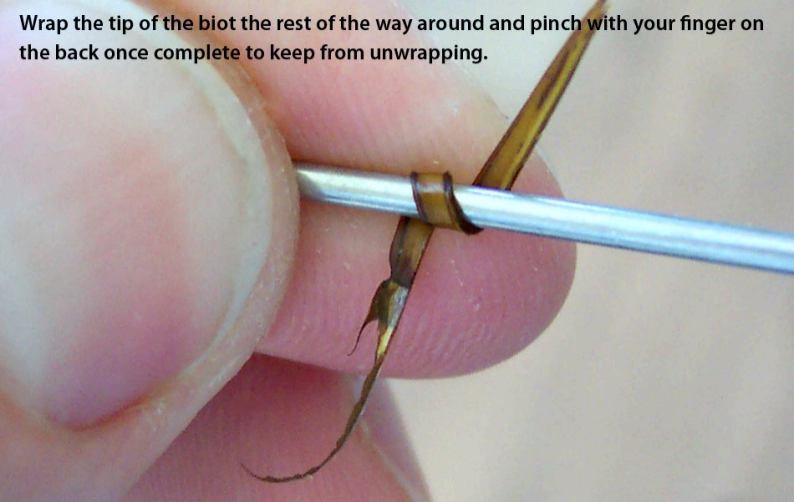
Place biot on the back side of the rod against your finger near center but perhaps a little closer to the base as we need more length at the tip for knotting (this will take some practice as the length you leave above the rod will greatly influence the length of the leg below the joint when finished.



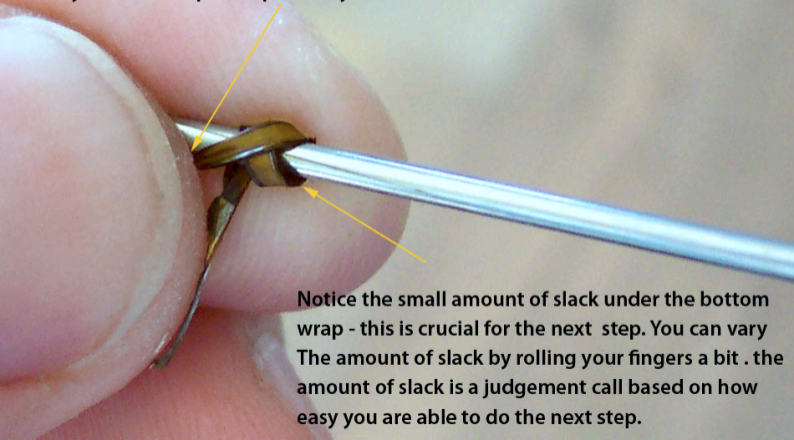
Fold the tip of the biot over the rod (left handed tyers may have to reverse the fold over angle)



Wrap the tip of the biot the rest of the way around and pinch with your finger on the back once complete to keep from unwrapping.



Fold the tip of the biot over the rod across the previous wrap to make an X that faces you - then trap the tip under your thumb.

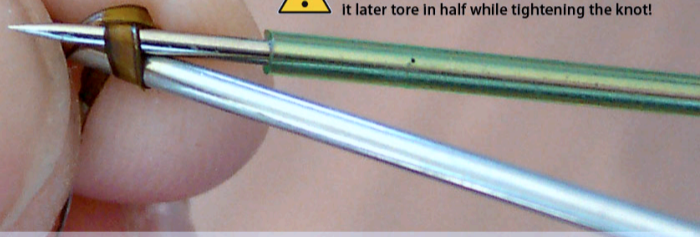


Notice the small amount of slack under the bottom wrap - this is crucial for the next step. You can vary the amount of slack by rolling your fingers a bit. The amount of slack is a judgement call based on how easy you are able to do the next step.

Slide the tip of your bodkin through the bottom wrap where we left the slack in the last step.



Be cautious when sliding the bodkin under the biot, the 1st few I did I knicked the biot and then it later tore in half while tightening the knot!

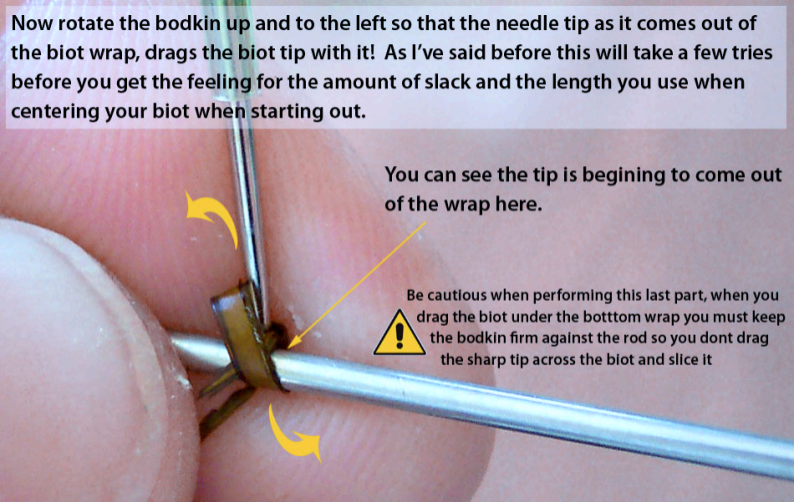


You need to hold the ends of the biot firmly but not so firmly that when we use the top of the bodkin to pull the biot tip trough it will have enough freedom to do so. This took me about 6 good tries and some hand cramps to get a feel for it.

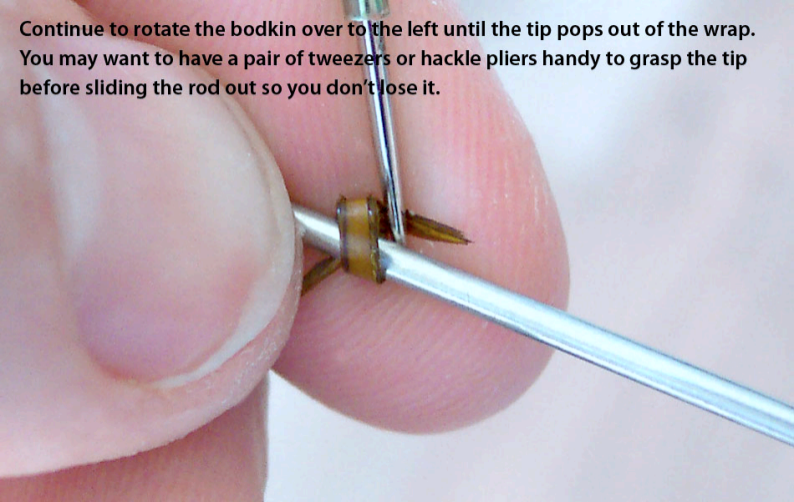
Now rotate the bodkin up and to the left so that the needle tip as it comes out of the biot wrap, drags the biot tip with it! As I've said before this will take a few tries before you get the feeling for the amount of slack and the length you use when centering your biot when starting out.

You can see the tip is beginning to come out of the wrap here.

Be cautious when performing this last part, when you drag the biot under the bottom wrap you must keep the bodkin firm against the rod so you don't drag the sharp tip across the biot and slice it



Continue to rotate the bodkin over to the left until the tip pops out of the wrap. You may want to have a pair of tweezers or hackle pliers handy to grasp the tip before sliding the rod out so you don't lose it.



Almost a finished product! Now all you need to do is draw the knot tight, pay attention to which end you pull as you do this. Depending on how you draw this knot tight you can adjust the length of the leg sections (ie: Longer lower leg or upper leg)



Only four or five more to go! :)



This is about the 8th one I've made it's a little rough but I think with some practice this could be an effective technique